

April 2020

EiGo Koriyama!

Monthly news and information about Koriyama City in English

About COVID-19

This month's EiGo Koriyama is different from the usual newsletter, due to the impact of **Covid-19**. Usually, EiGo Koriyama mostly features information about events. However, as most events are being cancelled, this month's edition lists information that may be useful for the prevention of the spread of Covid-19. With the situation regarding Covid-19 worsening worldwide, Japan is also showing an increase in the number of patients, especially in the Greater Tokyo area, but in Fukushima Pref. and Koriyama as well. We hope the information in this EiGo Koriyama will be useful in the coming time. Information in this newsletter is considered accurate at the time of writing (**13th of April, 2020**).



For the latest information in English, links and tips, visit Koriyama City's
Multilingual Portal: www.city.koriyama.lg.jp/multilingual

Precautions

- **Avoiding "the 3C's"** (see below)
- **Washing your hands** properly and regularly with soap and/or alcohol-based hand rubs
- Observing proper **coughing etiquette**
- **Refraining from touching your face**
- If you develop a fever or other symptoms: please refrain from going to work/school, and if you need to go out, be sure to wear a mask.



The 3 C's

The 3 C's are three places and situations that the Japanese government requests people to avoid if at all possible:

- **Closed spaces** with poor ventilation
- **Crowded places** with many people nearby
- **Close-contact** settings such as close-range conversation

State of Emergency Declaration

On April the 7th, Prime Minister Abe - as head of the Countermeasures Task Force - declared the State of Emergency for the following city and prefectures: **Tokyo Metropolis**, and **Saitama**-, **Kanagawa**-, **Chiba**-, **Osaka**-, **Hyogo**- and **Fukuoka** Prefectures. Please refrain from all unnecessary travel to and from these areas. As of April the 13th, Fukushima Pref. (incl. Koriyama City) is not covered by the State of Emergency. Nonetheless, as the number of confirmed cases of Covid-19 has been steadily increasing in Fukushima Pref. as well, please take the precautions stated above, and refrain from unnecessary, non-urgent outings.

Cancelled Events

As a general rule, all city-run events **at least until May 10th** have been cancelled in order to prevent the spread of COVID-19. This includes events like **the Koriyama City Marathon**, as well as KIEA's Japanese Language Class. Some events announced in the previous edition of EiGo Koriyama may still be held. Please use the URLs to check the organizers' websites for the most up-to-date info.

Temporary Closure of Schools & Facilities

Several city-owned facilities have been closed until further notice. For an up-to-date list, visit:

www.city.koriyama.lg.jp/korona/22940.html



IF YOU SUSPECT YOU MAY HAVE COVID-19

In the following cases, please **DO NOT GO STRAIGHT TO THE HOSPITAL**, but contact your local Public Health Center first:

- If you have a **fever of 37.5 or higher for more than three days**
- If you experience **heavy fatigue and/or trouble breathing**

Koriyama Public Health Center: 024-924-2163

If you require **on-the-phone interpreting** (11 different languages), please contact the **Fukushima Pref. International Exchange Association** at **024-524-1316** (Tuesday - Saturday, 9:00 - 17:15)

Covid-19 related vocabulary

The following vocabulary related to Covid-19 (新型コロナウイルス) may be useful to understand the latest information and news:

- 感染 (かんせん) infection
- 消毒 (しょうどく) disinfection
- 密閉 (みっぺい) (en)closed (space)
- 密集 (みっしゅう) crowdedness
- 密接 (みっせつ) close-contact
- 症状 (しょうじょう) symptom(s)
- 咳 (せき) cough
- 熱 (ねつ) fever (or 発熱 (はつねつ))
- だるさ fatigue
- 息苦しい (いきぐるしい) shortness of breath
- 保健所 (ほけんじょ) public health center
- 検査 (けんさ) test
- 陽性 (ようせい) testing positive
- 陰性 (いんせい) testing negative
- 自粛 (じしゅく) self-restraint (refraining from _)
- 不要不急 (ふようふきゅう) non-essential, non-urgent



Although KIEA's Japanese class was unfortunately cancelled, the web offers ample self-study tools. Why not visit the Japan Foundation's portal 'Nihongo e-na': nihongo-e-na.com/eng/



For a great point-and-speak guide in 11 languages with vocabulary about Covid-19, visit www.yubisashi.com/covid19 (published by Joho Center Publishing)



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